



President's Report by Roberta Hoey



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Halloween, Thanksgiving and the Holiday Season are right around the corner. It doesn't seem possible! We have had a busy past few weeks. The *Add An Altrusan Party* on September 30th was a success—although I wish we would have had more attending to enjoy the fellowship and good food. Thanks to Allison Nadel and Alpine Bank East for their hospitality for the evening and Diane Winger and the committee for the preparations.

We had a good participation in the Bosom Buddy Walk/ Run again. Altrusans handled the registration, food preparation, serving and clean up with the assistance of the Bosom Buddy Committee and Pavilion staff. As a survivor it is always a pleasure to see the large number of people walking for this event and in support of the local Bosom Buddy program. Thank you to Marge Keehfuss and her Member's Issues committee for helping organize this. The Environmental Committee with Janis Marcha, Anita Johansen, Cheryl Gibson and Susan Woody, along with others, completed the annual Cerise Park Bulb planting, Bicycle program at the schools and in conjunction with the Literacy committee, "Make A Difference Day." This was the first attempt for the Bicycle program, but it was successful and will grow in future years. There again we had a lot of local businesses support us with prizes and the Kiwanis Club aided with member assistance.

Holiday Festival and Gifts will be held on November 20th at Wells Fargo Bank Downtown. Set up is Saturday, November 14th, beginning at 1:00 PM. Tracy Frank is the 2009 Chair. Her co-chair is Bobbi Brown. Coordinators are Nancy Morton-Kaiser, Lita Sargent, Debby Curtis and Christy Biella. A new feature this year will be offering "in-house" decorating services to a few local businesses. Christy will be the person in charge of this portion. Members of the committee will be contacting prospective clients in advance. Rose Price is again chairing the decorating and soliciting of decorators for items on display in the Bank and the silent auction. Judy Copeland and Susan Woody are the food chairs with Dena Brooks being Chair for the sponsors. **This is one of our major fundraisers for the year so we do need, and are counting on, all members to help in some way.** If you do not feel you are able to decorate a seasonal item for the auction, please offer to sponsor something. We will be asking for donations of food for serving to the guests. If you are unable to prepare some food due to working, etc. a cash donation would be appreciated and the committee will use the funds to purchase an appropriate item. **Remember, we need the cooperation of all members to make our fund raisers successful.**

Roberta Hoey

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ALTRUSA INTERNATIONAL, INC. OF MONTROSE, CO BUSINESS MEETING, WEDNESDAY, SEPTEMBER 15, 2009

President Roberta Hoey called the meeting to order at 12:05 pm.

ANNOUNCEMENTS:

Elaine Moore thanked many Altrusans for volunteering for the recently held San Juan Western Heritage Festival with the National Cowboy Poetry contest. The event was well attended and brought added revenue to Montrose community.

Roberta Hoey read a thank you from Altrusa International Foundation, Inc. for our silent auction contribution. A total of \$8,600 was collected during the recent convention in Indianapolis, Indiana. Roberta Hoey read a thank you email from Altrusan, Lesley Archibald, who is receiving cancer treatments in Houston, Texas.

DATES TO REMEMBER:

September 19 - Altrusa sponsored Kids on Wheels Bike Safety Rally
September 22 - International World Literacy Day - Fill Buddy Bags
September 23 - Delta Altrusa 4-Club Social
September 29 - Initiation - Holiday Festival Training
September 29 - Literacy/Club Booksale Fundraiser
September 30 - Add an Altrusan After Hours at Alpine Bank
October 10 - Bosom Buddies Breast Cancer Walk/Run
October 24 - Make a Difference Day
November 3 - Governor-Elect Donna Herman Official Visit
November 20 - Holiday Festival at Wells Fargo Bank



MINUTES of the previous business meeting were filed as presented.

CORRESPONDENCE by Jeanne Kuchynka: A thank you was received from Bosom Buddies for our \$500 donation for their annual walk/run. Sgt Paul Eller, Conservator for David J. Kinterknecht Benefit Fund, on behalf the City of Montrose Police Department, wrote thanking Altrusa for our generosity, kindness and support.

TREASURER'S REPORT by Bonnie Eakin. August financials and bills/deposits were filed as presented.

FOUNDATION FINANCIALS by Becky Wolford: August Foundation financials were filed as presented.

COMMITTEE REPORTS:

PROGRAMS: by Kaye Hotsenpiller.

September 22 - Literacy program by Susan Woody
September 29 - Initiation
October 6 - Danny Hoey on 4-H Sports program
October 27 - Lifeline program by Alice Vest

MEMBERSHIP: by Diane Winger.

79 members. Debby Curtis will be transferring her Altrusa membership from the Delta club. Karen Tuttle, Executive Director of CASA, has applied for membership. Leave of Absence: Joey Montoya-Boese has requested a 1 year LOA.

SERVICE: by Linda Riba.

The following request was a motion by the committee, recommendation by the board and approved by the club: Dream Catchers Therapy Center \$200

SEPTEMBER BUSINESS MEETING MINUTES—(continued)

OLD BUSINESS

It was a motion by the membership committee, recommendation by the board and approved by the club to have a table promoting Altrusa International, Inc. of Montrose, CO at the 2nd annual Volunteer Fair which will be held at the Montrose Library on September 26.

NEW BUSINESS

Tracy Frank, Chairman for the annual Holiday Festival, spoke of the upcoming event. It was a motion by the committee, recommendation by the board and approved by the club to charge \$10 admittance fee at the door which would pay for either a beer or wine glass, appetizers and viewing; advertise decorating packages to individuals and businesses for a fee of \$500; and sell individual ornaments on a special designated tree for a recommended \$5 donation.

A new project was presented by Rose Price to help fund a building addition to Christ's Kitchen which is being housed at MADA building. This addition is estimated at \$48,693. Christ's Kitchen rents the MADA building for a fee of \$1 a year. Discussion was held at what our club could contribute from our unrestricted funds. Motion by Marianne Cross to pledge \$10,000 with a challenge to the rest of the community to contribute to raise the total amount, Lita Sargent seconded this motion. It was approved to pledge \$10,000 to Christ's Kitchen for their building addition.

Roberta Hoey presented fliers from Terri Lynn Inc. showing their nut and candy prices. A motion by Susan Bony and a second by Donna Herman to proceed with a fundraising project to sell both the candy and nuts was approved by the club. The collected funds from this project will be designated to help defray registration fees for members attending the Altrusa District 10 convention held in Montrose May 2011.

It was a recommendation by the board and approved by the club to pay \$100 for annual membership to the Montrose Chamber of Commerce. The chamber has a membership of almost 800 members and will give Altrusa much exposure with monthly mailings and biweekly emails on membership activities.

Meeting adjourned at 1:15 pm.

Jeanne Kuchynka, Secretary

BIRTHDAYS! BIRTHDAYS! BIRTHDAYS!

The Courtesy Committee thought it would be nice to include a Happy Birthday wish in the newsletter each month for the members with birthdays coming up in the following month. That way, in case you (or they) miss a meeting, you can share birthday wishes personally!

November & December Birthdays:

Debbie Tucker	Nov.11	Carol Parker	Dec.10
Sheryl Solow	Nov.16	Joyce Loss	Dec.18
Casey Wareham	Nov. 21	Karon Jacobs	Dec.19
Michelle Gottlieb	Nov. 28	June Estep	Dec. 23
Martha Dusio	Dec. 3	Sheree Wanner	Dec. 23
Jeanne Kuchynka	Dec. 6	Susan Woody	Dec. 25
Allison Nadel	Dec. 8	Priscilla Cozzens	Dec. 27
Cindy Rowan	Dec. 9	Karen Tuttle	Dec. 28



FYI...Army Of Women Project

This Project was brought to our attention by Montrose Altrusan, Martha Dusio. You are encouraged to get involved if you would like to!



It's Easy to Join the Army of Women: ONE MILLION STRONG STARTS WITH ONE-YOU

The Love/Avon Army of Women, an initiative of the [Dr. Susan Love Research Foundation](#), thanks to a generous grant from the [Avon Foundation for Women](#) offers a revolutionary new opportunity for YOU to partner with research scientists to move breast cancer beyond a cure.

What is involved?

- **Register TODAY** and provide us with very basic information such as your name, email, age, city, and state of residence.
- You will receive email updates from us announcing new research studies looking for volunteers with or without breast cancer, just like you. There are many different types of studies. Some might require you to complete a questionnaire, while others might need a sample of blood, urine, saliva, breast fluid, or breast tissue. Some studies might be clinical trials testing a new detection marker or drug. You decide which studies you want to take part in. The email will detail the research project and who and what the researchers need.
- If you fit the criteria and you'd like to participate, all you need to do is "RSVP" and let us know you've accepted our "Call to Action." You will be asked to go through an online screening process to confirm you fit the criteria for the study.
- Once we confirm your eligibility for the specific study, your information will be given to the researcher conducting the study and you will be contacted by the researcher for a secondary screening to make sure you meet the study criteria and answer any questions you might have about study participation.

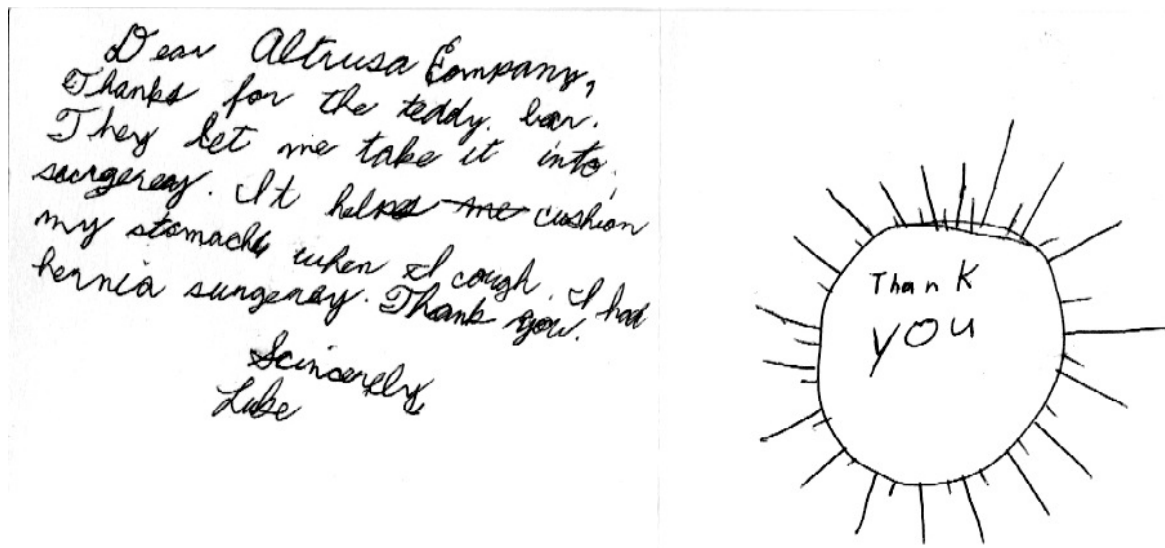
You are in complete control and you self select what you want to do! You will never be pressured to take part in any study. The decision to take part is yours — and yours alone.

Breast cancer has been around for decades, but it does not have to be our future. We can be the generation that eliminates breast cancer by identifying what causes this disease and stopping it before it starts. Sign up for your sister, mother, daughter, granddaughter, best friend, and the woman you met last week.

For more information, visit our web site at <http://www.armyofwomen.org/>

Love Hug Bears—Helping Children During a Stay at the Hospital

In going through the archives, we found this cute thank you note from several years ago. Thought it might be nice to show it off. This was from a child who received a Love Hug Bear from Altrusa.



Upcoming Activities - Plan to Attend!

October 27, 2009: Lifeline – Alice Vest

November 3, 2009: District Officer club visit – Donna Herman

November 20-HOLIDAY FESTIVAL—Wells Fargo Downtown Montrose

Volunteers needed for decorating, sponsorships, food preparation and help at the event.

**Call or email Tracy Frank to sign up! (970) 240-1046 or
Tracy.E.Frank@wellsfargo.com**

November 24, 2009: How to report service hours? – Dusty Gavels

December 1, 2009: Leann Tobin/Dr. Hanley – Robotic Davinci assisted surgical system

December 15, 2009: Holiday Party

January 5, 2010: Patricia Byrd – Reclaim Kids 252-8708

Altrusa Literacy & Litter League Book Giveaway & Recycling Event

Date: October 24, 2009

Make a Difference Day

Time: 10:00 am to noonish



Where: Meet at Anita Johansen's (61369 Hwy 90 – turn at Oak Grove School to continue on 90 – 2nd house on right after veering right over canal bridge – brick house with black roof and circular driveway). If lost, call 240-3238.

Participants: Altrusans & ASTRAs

Agenda: From Anita's house, groups will either walk to or caravan from Hwy 90 to 6100 and 6200 Roads (and thereabouts) to *pick up and segregate trash from recyclables (to eliminate unnecessary trash going to landfill)*. After the cleanup, Anita will serve snacks, vegan chili and water. Anita and at least one other shuttle driver will carry energy bars, water and extra bags along the roads during the event.

Publicity: After the event on a weekday (not yet scheduled) after school hours, all available Altrusans, all available ASTRAs and representatives from the school district, Montrose Library, MHS 350 club (who will also be doing a cleanup of Cerise Park on MADD) will be presented with sets of 3 books about global warming, carbon footprint and green living for all District middle school and high school libraries and the Montrose Library. At least one WM representative will also join this presentation for a newspaper photo and article.

More: Rubber gloves, orange safety vests, and trash/recycling bags will be provided. Anyone who has a pickup device (grabber), please bring it or loan it to Anita prior to the event. We will leave the bags on the roadsides and Waste Management will pick them up the following Monday (recycling bags) and Tuesday (trash bags). Bathrooms will be available at Anita's (once shoes are removed at front door!). For those who cannot do the physical labor, we will need drivers to make sure all litter picker uppers have supplies such as water, plastic bags, etc. (and to cheer them on or shuttle participants to Anita's powder room as nature calls).

*Join us on Make A Difference Day
on Spring Creek Mesa where litter & critters are abundant.*

Get To Know Your District Ten Officers

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Secretary: Judith Mead
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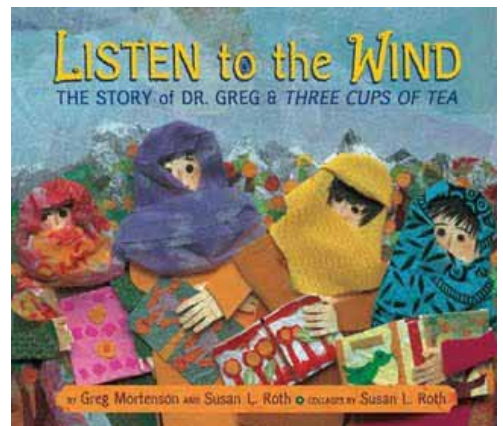
Parliamentarian: Nancy Taylor
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Kick Off for Pennies For Peace

Altrusa of Montrose is teaming up once again with the Montrose Regional Library Children's Department to host a special [Pennies for Peace](#) program.

On **Tuesday, November 3, 2009** at **7:00 pm** at the Library, there will be a reading of [*Listen to the Wind*](#), the beautiful story of Greg Mortenson's first school-building project in Pakistan. We will also watch a moving video about Pennies for Peace to kick off a community-wide penny drive to support the remarkable work of building schools in remote mountain regions of Pakistan and Afghanistan, described in Mortenson's best-selling book, [*Three Cups of Tea: One Man's Mission to Promote Peace...One School at a Time*](#).

Altrusa will provide naan (a regional flat bread) and chai (spiced tea) at the event.



Pennies for Peace jars will also be distributed to businesses and organizations in our community, and many elementary school classrooms will begin to collect pennies. Our community Pennies for Peace project will run through December 16. All funds collected will be donated to Mortenson's non-profit organization, [Central Asia Institute](#).

ASTRA UPDATE

ASTRA After Hours was held on Wednesday, September 9th at Altrusa Park. Fifteen new and existing ASTRA members attended with their mothers along with thirteen Altrusans. We played a get acquainted game so everyone could mingle and get to know each other. Those in attendance learned what ASTRA is about, some past projects and some future projects. There was wonderful food provided by Altrusa. Lastly, everyone was divided into three teams to go on a scavenger hunt. Participants could not leave the park to find the list of items. They had to find them in the park, on their person or in their cars. Great fun was had by all.

On Saturday, September 26th, we had three ASTRA members volunteer at the Volunteer Fair at Montrose Library. They handed out popcorn and lemonade and helped out wherever else they were needed. People from the community came to learn about the different volunteer opportunities in the community.

On Saturday, October 10th, we had eight ASTRA members walk in the Bosom Buddies Walk/Run. (photo at right)



17th Annual Bosom Buddies Walk/Run October 10, 2009

Once again, Altrusans helped with registration, food preparation, and general event organization. Many walkers/runners participated in his great event raising money for breast cancer support programs and screening in our community! Roberta Hoey (in photo far right), our Club President, accepted a plaque from Bosom Buddies recognizing Altrusa's many years of support for this important fundraising event in the fight against breast cancer!

